

INTERNATIONAL STUDENT GUIDE



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WELCOME TO VSB-TUO

VSB-TUO is a technical university with seven faculties and a compact campus in Ostrava-Poruba. Study facilities, accommodation, food, sport and student services are all within walking distance.



Your first week

- 1 Complete your university registration
- 2 Get your student and/or ISIC card
- 3 Activate your university account and Wi-Fi
- 4 Check your residence obligations
- 5 Arrange health insurance or registration
- 6 Set up public transport
- 7 Save the ICP and emergency contact details

Scan the QR code for more information about your arrival at VSB-TUO.



INTERNATIONAL CONTACT POINT

The ICP can provide guidance on



Immigration

Visas / residence permits



Practical matters

Banking and everyday administration



Accommodation

On-campus and private housing



Wellbeing

Psychological support



Healthcare

Doctors, insurance and appointments



Life in Ostrava

Local orientation and everyday life



Community & Events

Networking and community activities



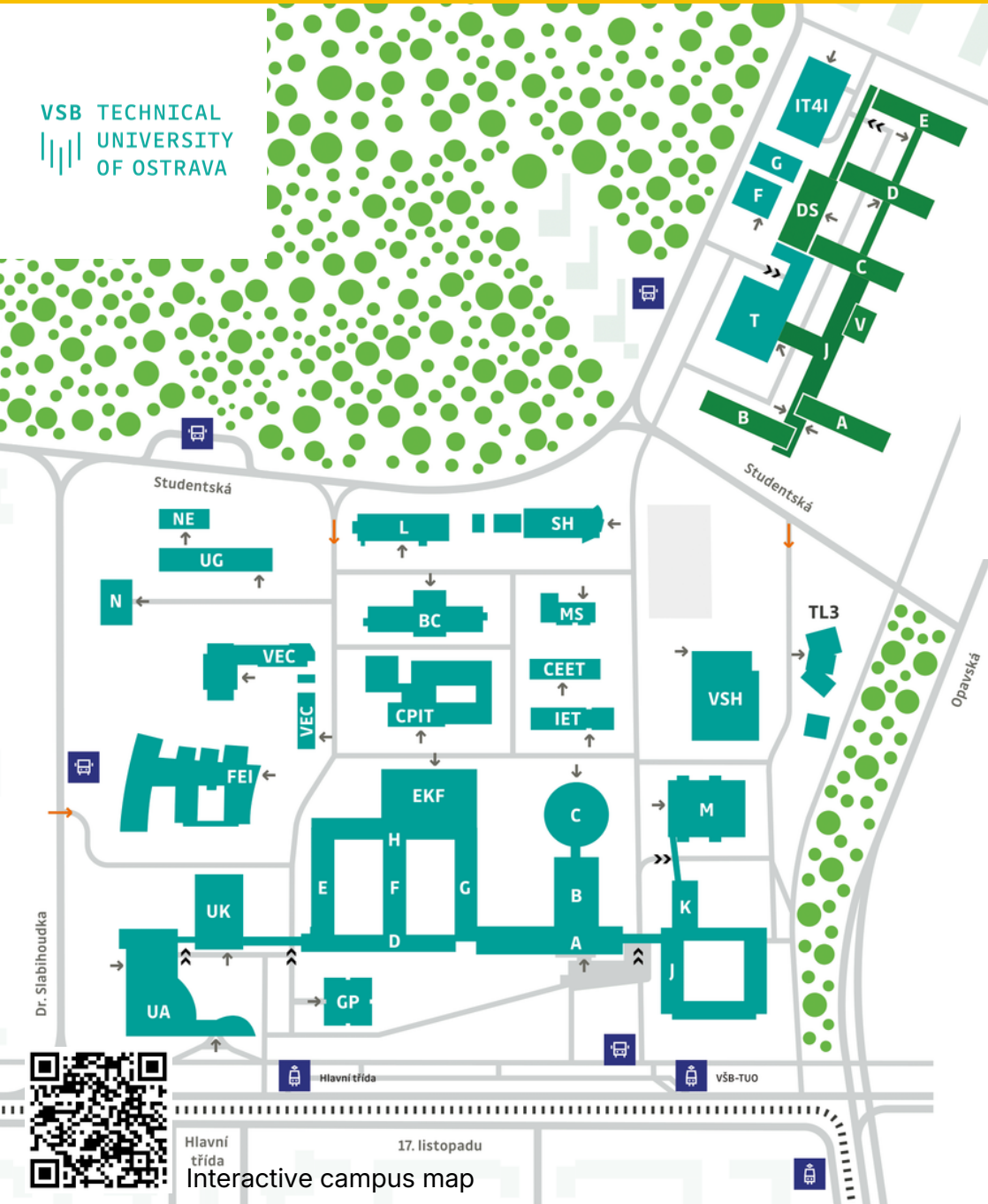
Contact us

Building C, Room C110
icp@vsb.cz



CAMPUS MAP

VSB TECHNICAL
UNIVERSITY
OF OSTRAVA



Hlavní třída
Interactive campus map

VISA AND RESIDENCE

To extend your current visa or long-term residence permit, or to apply for a job-seeking residence permit, submit your application before your current permit expires. Report changes to your address, name or passport.



Requirements vary depending on your status and may change, so always check the latest official guidance. Required documents depend on the type of visa or residence permit.

Contact the ICP for guidance before submitting your application.

Scan the QR code for the latest official information about [visa and residence permit types and required documents](#).



Documents may include

- passport / travel document
- proof of studies
- proof of accommodation
- proof of funds
- health insurance
- other documents depending on your status

IMPORTANT CONTACTS



Emergency numbers

112 All emergencies
155 Medical emergency
158 Police
156 Municipal Police
150 Fire and Rescue Service



Immigration

Ministry of the Interior – Ostrava Office
Výstavní 55/117, Ostrava
Scan the QR code to check the current office hours.



International Contact Point

icp@vsb.cz
Building C, Room C110

HEALTHCARE



The ICP can provide guidance on finding a general practitioner or other healthcare provider. Please bring a valid insurance card to every appointment.



University Hospital Ostrava

17. listopadu 1790, Ostrava-Poruba
Located next to the VSB-TUO campus
Emergency Pharmacy
Find more information at fno.cz.



General Practitioner

Contact the ICP for guidance on arranging an appointment with a GP.



Mental health support

Free and confidential psychological counselling is available to international students. To book a session, email vsbtuoconsultations@gmail.com.



[Book a consultation](#)

Health insurance



Health insurance requirements depend on your nationality and residence status. Check what applies to you before arrival and whenever your status changes. Always carry proof of insurance when visiting a healthcare provider.

EU/EEA/SWISS STUDENTS

Bring valid proof of insurance. Ask the ICP whether local registration is needed.

NON-EU/EEA/SWISS STUDENTS

You may need comprehensive health insurance that meets Czech legal requirements. Check the official rules before purchasing a policy.

Scan the QR code for [current official health-insurance requirements](#).



ACCOMMODATION



University dormitories

VSB-TUO dormitories are located on campus and are easily accessible by public transport. Scan the QR code to check current room options, prices, application procedures and accommodation rules.



Private accommodation

If you prefer private accommodation, check the total costs, deposit, location and landlord details before renting a room or apartment.



TRANSPORT IN OSTRAVA



Public transport

Travel by tram, bus and trolleybus. Use your student travel entitlement where eligible, buy a ticket in the official app, or pay with a contactless card where available.

Follow the on-board instructions and validate your ticket correctly. If you pay by contactless card, tap it each time you board.

Scan the QR code to download the [public transport app](#). Plan your journeys, check departures and buy public transport tickets.



Bike sharing

[Bike sharing](#) is available across Ostrava. Check the current provider, pricing and campus stations online.

Scan the QR code to download the bike-sharing app, register and rent a bike.



JOBS AND CAREER SUPPORT



Start with the VSB-TUO Career Centre for counselling, workshops, employer events and job opportunities. Before accepting a job, check the employment conditions linked to your residence status.

Where to look

VSB-TUO – job opportunities at the university

EURAXESS – research jobs and opportunities

EURES – employment opportunities across Europe

Counselling and Career Centre VSB-TUO



Prepare for your future career with support from the Career Centre.

You can also meet companies at the annual kariéra+ job fair. Scan the QR code to explore career opportunities, events and support services.



STUDENT COMMUNITY

Join the VSB-TUO community

Erasmus Student Network

ESN VSB-TUO helps international students settle in through Orientation Days, trips, sports and social events.

ESN Buddies offer practical support with transport, ISIC cards and everyday matters.

Learn more about ESN VSB-TUO, upcoming events and the Buddy Programme at esnvsb.cz.

Student Ambassadors

Share your experience with future students and represent VSB-TUO at selected events. If you find this interesting, please send an email to study@vsb.cz.

Alumni network

Stay connected with the university and other graduates after completing your studies. You can enjoy a variety of benefits, find your friends and classmates, get invitations and attend events and activities organised by the university.

Learn more at alumni.vsb.cz/en.



GET ACTIVE ON CAMPUS



Stay active, meet other students and take a break from studying. VSB-TUO offers a range of indoor and outdoor sports for different interests and fitness levels.

Sports & Activities

Choose from fitness, group classes, climbing, tennis, badminton, basketball, volleyball and other activities. You can join a regular class, use selected sports facilities or take part in university sporting events.

Before you go

Schedules, prices, registration requirements and facility locations may vary. Some activities require advance booking. Scan the QR code for [current schedules, prices and booking information](#).



BANKING



Banking services and ATMs are available near the university campus.

You can open an account with a Czech bank or use an international account that supports Czech currency (CZK).

When choosing a bank account, compare account fees, ATM withdrawal fees, required documents and customer support in English.

PAYMENT SAFETY

Never share your PIN, password or one-time verification code.



LANGUAGE COURSES



Credit-bearing courses

Czech and English courses may be available as part of your studies.



Other language courses

The current offer may include English, German, French, Spanish and other languages. Course length, fees and registration vary.

Scan the QR code to explore the current course catalogue and find contact details for [the Institute of Languages](#).





CULTURE AND EVENTS IN OSTRAVA

THEATRE & MUSIC

National Moravian-Silesian
Theatre • Janáček Philharmonic
Ostrava

ART

Gallery of Fine Arts
in Ostrava • PLATO Ostrava

CINEMA

Kino ART • Minikino • Kino Luna

FESTIVALS

Colours of Ostrava • Beats
for Love • Majáles
Ostrava • Art & Science • Art & Life

Scan the QR code for current events
and programme details.



USEFUL CZECH

ENGLISH CZECH

Polite

Hello	Dobrý den / Ahoj
Goodbye	Na shledanou
Please	Prosím
Thank you	Děkuji

Practical

Sorry / Excuse me	Promiňte
I don't understand	Nerozumím
I don't speak Czech	Nemluvím česky
Do you speak English?	Mluvíte anglicky?
Where is...?	Kde je...?

Emergency

Help!	Pomoc!
I need a doctor.	Potřebuji lékaře.



PUBLIC HOLIDAYS IN CZECHIA

Public offices, banks and some shops may have reduced opening hours on public holidays. Check before travelling or visiting a service.

New Year's Day	1 January
Good Friday	March or April
Easter Monday	March or April
Labour Day	1 May
Victory Day	8 May
Saints Cyril and Methodius Day	5 July
Jan Hus Day	6 July
Day of Czech Statehood	28 September
Independent Czechoslovak State Day	28 October
Struggle for Freedom and Democracy Day	17 November
Christmas Eve	24 December
Christmas Day	25 December
Saint Stephen's Day	26 December

HERE TO HELP



Contact us

icp@vsb.cz

Building C, Room C110

Monday–Friday 8:00 am–1:30 pm

www.vsb.cz/icp



**Spolufinancováno
Evropskou unií**



Ministerstvo
školství, mládeže
a tělovýchovy