

# THE RULES OF OPERATION OF THE GYM AND THE MIRROR HALL

## I. Basic provisions

1. This rules specifies the principles of behaviour of users of the gym and the mirror Hall (hereinafter referred to as "gym"), their rights and obligations.
2. Operating regulations shall apply to all users of the gym and its accessories, and these are obliged to comply with it. For persons younger than 15 years are in this context fully responsible coach, trainer or their parents.
3. Entering the gym users declare their agreement to comply with this operating rules.
4. Violation of this operating rules is the reason for the prohibition on entry.

## II. The General rules for the use of space in the gym

1. Operation of the gym is provided from 8 am -10 pm every day.
2. The gym is suitable for fitness exercises, exercises with children, aerobics, yoga, dance, martial arts training, and other activities. In the mirror hall is the prohibition of ball games.
3. Admission to the gym free of charge to the persons accommodated in the student section of the dormitory (hereinafter referred to as "user"). The keys to the gym the user can borrow at the reception E against his identification card.
4. Other gym users can rent the gym according to the valid price list of "Rent non-residential premises". The head of operation of the accommodation or staff of reception E provides order rent. Hiring for the gym must be paid in cash, according to the ordered hours within one month in advance before the commencement of the lease at the reception E, unless with the guidance of accommodation services, unless otherwise agreed.
5. For the rented gyms are the responsibility of the person with whom the contract was drawn up about the short term lease or the gym's student, who loaned it against his identification card.
6. Users to behave so as to ensure their health or the health of other users.
7. All facilities of the gym is allowed to use only for the purposes for which it is intended.

## III. Operating principles of the use of space in the gym

1. The entrance to the gym is only allowed in a suitable sports clothing and a clean sports footwear. When it detects a violation of this guideline is the operator shall be entitled to such a person do not allow entry to the gym.
2. Lighting the gym turns on and off as needed, the user after their.
3. Opening windows for ventilation by a user to the gym as needed, before leaving the gym is closed again.
4. After their ending, gym users locks and returns the key at the reception.
5. All users are obliged to maintain order and cleanliness in the gym.

6. Any damage to equipment, gym and exercise equipment, users are required to report to the reception desk.
7. In case of damage or loss of inventory or equipment, gyms, the user is obliged to pay for the damage caused.
8. It is not allowed to transfer inventory or equipment gyms outside the gym.

#### **IV. Safety and health policy, use of the gym space**

1. All users of the gym they behave disciplined and ensure that safety rules during exercise, so as to ensure their health or the health of other persons.
2. Attend a gym, only individuals should be in good health.
3. The gym is a ban of entry under the influence of alcohol and other drugs, in case of problems will be promptly called the police.
4. In the gym is prohibited to smoking and the consumption of alcohol and narcotics.
5. The gym is the ban on the entry of dogs and other animals.
6. In the gym is to prohibit parking of bicycles or baby strollers.
7. Users of the gym is available social facilities-WC, wash basins.
8. In the case of an accident or other threats to health, it is possible to use the phone on the reception.
9. First-aid kit is housed in a reception area and its use should always be entered in the journal for that purpose.

#### **V. Final provisions**

1. All users of the gym are required to familiarize themselves with the operational regulations and ensure its observance.
2. The operator of a building has the right to monitor compliance with the rules of operation, which are listed in this procedure and draw from them the appropriate measures.
3. Non-compliance with the operating procedure has resulted in a report of the user from the gym.
4. This operating procedure must be posted conspicuously at the entrance to the gym.

Operating rules are effective from 1st September 2020.

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